

POLICY AND PROCEDURE

POLICY NAME: Substance Abuse Short-term Residential Treatment Program In Lieu of Service	POLICY ID: FL.UM.57.00
BUSINESS UNIT: Sunshine State Health Plan	FUNCTIONAL AREA: Utilization Management
EFFECTIVE DATE: 11/18	PRODUCT(S): Managed Medical Assistance (MMA)
REVIEWED/REVISED DATE: 7/18; 11/18, 05/19, 6/20, 7/21, 8/22	
REGULATOR MOST RECENT APPROVAL DATE(S): 07/18	

POLICY STATEMENT:

It is the policy of Sunshine Health to cover Agency for Health Care Administration (AHCA) approved In Lieu of Services when medically necessary as an alternative to a comparable state benefit. Sunshine Health considers coverage of services within a Substance Abuse Short-term Residential Treatment program when appropriate and consistent with good medical practice, and after review on an individual basis, for the specific indications outlined in this policy. The member must consent to the In Lieu of Services as an alternative to a covered state benefit.

PURPOSE:

To establish clinical criteria on which to review requests for Substance Abuse Short-term Residential Treatment In Lieu of Services (ILOS) for Sunshine Health's MMA product. The goal is to provide Substance Abuse Short-term Residential Treatment services to pregnant members age of 21 and over, with a substance use disorder, when medically necessary, as an alternative to an existing state benefit and to define criteria and limitations established for the use of Substance Abuse Short-term Residential Treatment.

SCOPE: Sunshine Health Utilization Department for Managed Medical Assistance (MMA) product line.

This policy applies to all directors, officers, and employees of Centene Corporation, its affiliates, health plans, and subsidiary companies (collectively, the "Company").

DEFINITIONS: Substance Abuse Short-term Residential Treatment is intended for adults with a primary diagnosis of substance dependence requiring a more restrictive treatment environment to prevent the abuse of substances. This service is highly structured and is located within a licensed substance abuse residential treatment center. The philosophy of this treatment views substance-related problem as disorders of the whole person that are reflected in problems with conduct, attitudes, moods, values, and emotional management. Level III.5 programs are designed to treat persons who have significant social and psychological problems. The goals of treatment are to promote abstinence from substance use and antisocial behavior and to effect a global change in participant's lifestyle, attitudes, and values.

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PROCEDURE:

Review Process

To assist in determining the medical necessity of Residential Outpatient Treatment for substance abuse In Lieu of Service, the clinical criteria established in this policy will be applied. A request for medical necessity review is consistent with Sunshine Health medical policies:

- FL.UM.02.01 - Medical Necessity Review
- FL.UM.02.00 – Use of Clinical Criteria
- Any decision to deny, reduce, suspend or terminate services must be made by the Health Plan's Medical Director or contracted vendor as outlined in the policy Clinical Decision Criteria and Application FL.UM.02.00
- Determinations and provider notifications will be made according to the expediency of the case as described in the Timeliness of UM Decisions and Notifications FL.UM.05.00

Specific Clinical Information/Criteria

The requesting practitioner must provide information relative to the In Lieu of Service that is being requested.

Provider should ensure to document in the member's clinical record that the member agrees to the ILOS.

Member will be eligible to access these sub-acute care services for short and intensive substance abuse residential and rehabilitative services 24 hours a day, seven days per week. These services must meet the needs of individuals who are experiencing an acute or immediately sub-acute crisis and who, in the absence of a suitable alternative, would require hospitalization.

Substance Abuse Short-term Residential Treatment services are considered medically necessary when all of the following criteria are met:

Member is currently pregnant, and based on ASAM Criteria Level 3.5 Clinically Managed High Intensity RTC (Adult)..

Sunshine Health utilizes the American Society of Addiction Medicine (ASAM) Adolescent 3.5 Clinically Managed High Intensity RTC criteria for admission and continued stay.

As part of our medical necessity review, Sunshine Health ensures the provision of services in sufficient amount, duration and scope to be reasonably expected to achieve the purpose for which the services are furnished and will ensure the provision of covered services as defined and specified in the Florida Agency for Healthcare Administration (AHCA) contract for MMA and medically necessary for the diagnosis or treatment of an illness or injury and ensures that services which are necessary to correct or ameliorate a defect, condition, or physical or mental illness are approved as part of our utilization management processes.

Provider Type Specifications

Licensed Substance Abuse Residential Treatment Center.

Information Required for Review

The following information and documentation should be submitted with any request for Residential Outpatient Treatment services, in order to assess medical necessity:

Medical documentation to support the criteria that member is pregnant and meets ASAM Criteria for Substance Abuse Short-term Residential Treatment.

Redetermination

Prior to the expiration of the initial authorization period, the requesting practitioner must submit to Sunshine Health's Utilization Management department information on the member's status in order for a review for a subsequent approvals using the ASAM Criteria.

Discharge Criteria

- A. Member has achieved their goals and problems that justified admission are resolved, OR
- B. Member has been unable to resolve problems, despite adjustments to treatment plan, so alternate level of care is needed, OR
- C. Member has demonstrated lack of capacity to resolve problems so alternative level of care is needed, OR
- D. Member has experienced and intensification of problems, or has developed a new problem(s) so a more intensive level of care is needed.
- A. E. Member requests discharge.

Limitations / Exclusions

The following limitations or exclusions apply:

- Member is under the age of 21
- Member is not pregnant
- Member does not have a substance abuse diagnosis
- Member has signs or symptoms of withdrawal or withdrawal needs
- Coverage that exceeds the benefit limit member receiving these services for more than 15 days per month will be subject to the IMD exclusion.

REFERENCES:

American Society of Addiction Medicine (ASAM) Adult Criteria Level 3.5 Clinically Managed High Intensity RTC
American Society of Addiction Medicine (ASAM) Adolescent Criteria Level 3.5 Clinically Managed High Intensity RTC

FL.UM.05.00 Timeliness of UM Decisions and Notifications policy and procedure

FL.UM.02.00 Use of Clinical Criteria

FL.UM.02.02 Clinical Decision Criteria and Application

FL.UM.02.01 Medical Necessity Review

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ATTACHMENTS: N/A

ROLES & RESPONSIBILITIES: Utilization Management

REGULATORY REPORTING REQUIREMENTS: N/A

REVISION LOG

REVISION TYPE	REVISION SUMMARY	DATE APPROVED & PUBLISHED
New Policy Document	Policy created	07/15/2018
Policy Update	Added information on the member and provider communication of in lieu of benefits and how clinical decision making standards are applied to ensure all services to correct or ameliorate a defect, condition, or physical or mental illness are authorized.	11/09/2018
Archer reload to fix system issue	No content reviewed or revised	05/16/2019
Annual Review	Updated approver #3 to VP Medical Affairs and Notifications. No content changes.	06/30/2020
Annual Review	Changed age from over 21 to 21 and over. Deleted Member and Provider Communication Plan. Added that a contracted vendor may deny, reduce, suspend or terminate services. Updated language regarding the provider ensuring documentation in member's clinical record of member's agreement to ILOS. Removed the specific ASAM Criteria and left the reference of UM using ASAM Criteria for initial and redeterminations. Added pregnancy required as part of the redetermination criteria. Changed patient to member. Changed recipient to member.	07/28/2021
Annual Review	Removed "Axis I" from ""with a primary Axis I diagnosis" to read "with a primary diagnosis"	08/12/2022

POLICY AND PROCEDURE APPROVAL

The electronic approval retained in RSA Archer, the Company's P&P management software, is considered equivalent to a signature.

SVP Compliance _____

Senior Dir. Compliance _____