



# OUTPATIENT BEHAVIORAL HEALTH Prior Authorization Fax Form **Outpatient Therapy**

Complete and Fax to:  
**1-844-208-9113**

This is a standard authorization request that may take up to 7 calendar days to process. **If this is an expedited request for MMA, HK, CW or Medicare, please contact us at 1-844-477-8313. For an expedited request for Ambetter members, please call 1-877-687-1169.**

Request for additional units. Existing Authorization  Units

**\* INDICATES REQUIRED FIELD**

## MEMBER INFORMATION

Member ID/Medicaid ID \*  Last Name, First  Date of Birth \*  (MMDDYYYY)

## REQUESTING PROVIDER INFORMATION

Requesting NPI \*  Requesting TIN \*  Requesting Provider Contact Name   
Requesting Provider Name  Phone  Fax

## SERVICING PROVIDER / FACILITY INFORMATION

Same as Requesting Provider  
Servicing NPI \*  Servicing TIN \*  Servicing Provider Contact Name   
Servicing Provider/Facility Name  Phone  Fax

## AUTHORIZATION REQUEST

Primary Procedure Code \*   (CPT/HCPCS) (Modifier) Additional Procedure Code   (CPT/HCPCS) (Modifier) Start Date OR Admission Date \*  (MMDDYYYY) Diagnosis Code \*    
Additional Procedure Code   (CPT/HCPCS) (Modifier) Additional Procedure Code   (CPT/HCPCS) (Modifier) End Date OR Discharge Date  (MMDDYYYY) Total Units/Visits/Days   Frequency (how often seen)

## Functional outcomes

In the last 30 days, have you/your child had problems sleeping or feeling sad?  Yes (5)  No (0) In the last 30 days, have you/your child had problems with fears and anxiety?  Yes (5)  No (0)  
Do you/your child currently take mental health medicines as prescribed by your doctor?  Yes (0)  No (5) In the last 30 days, has alcohol or drug use caused problems for you or your child?  Yes (5)  No (0)  
In the last 30 days, have you/your child gotten in trouble with the law?  Yes (5)  No (0) In the last 30 days, have you/your child actively participated in enjoyable activities with family or friends (e.g. recreation, hobbies, leisure)?  Yes (0)  No (5)  
In the last 30 days, have you/your child had trouble getting along with other people including family and people outside the home?  Yes (5)  No (0) Do you/your child feel optimistic about the future?  Yes (0)  No (5)

**ALL REQUIRED FIELDS MUST BE FILLED IN AS INCOMPLETE FORMS WILL BE REJECTED.  
COPIES OF ALL SUPPORTING CLINICAL INFORMATION ARE REQUIRED. LACK OF CLINICAL INFORMATION MAY RESULT IN DELAYED DETERMINATION.**

**Disclaimer:** An authorization is not a guarantee of payment. Member must be eligible at the time services are rendered. Services must be a covered Health Plan Benefit and medically necessary with prior authorization as per Plan policy and procedures.

**Confidentiality:** The information contained in this transmission is confidential and may be protected under the Health Insurance Portability and Accountability Act of 1996. If you are not the intended recipient any use, distribution, or copying is strictly prohibited. If you have received this facsimile in error, please notify us immediately and destroy this document.



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Children Only: In the last 30 days, has your child had trouble following rules at home or school?	Yes (5)	No (0)	Children Only: In the last 30 days, has your child been placed in state custody (DCF criminal justice)?	Yes (5)	No (0)
Adults Only: Are you currently employed or attending school?	Yes (0)	No (5)	Adults Only: In the last 30 days, have you been at risk of losing your living situation?	Yes (5)	No (0)

Therapeutic approach/evidence based treatment used:

### Level of improvement to date

Select one  Barriers to discharge:

### Symptoms

If present, select degree to which it impacts daily functioning.

Depressed mood	Anxiety/panic attacks	Decreased energy	Delusions
Irritability/mood instability	Hallucinations	Angry outbursts	Hyperactivity/inattention
	Impulsivity	Hopelessness	Other psychotic symptoms
			Other

### Functional impairment related symptoms

If present, check degree to which it impacts daily functioning.

ADLs	Relationships	Substance use disorder	Last date of substance use <input type="text"/> (MMDDYYYY)
Physical health	Work/school	Drug(s) of choice <input type="text"/>	

### Risk assessment

Suicidal	Homicidal	Safety plan in place? (if plan or intent indicated)	Yes	No	If prescribed medication, is enrollee compliant?	Yes	No
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### Current measurable treatment goals

Current measurable treatment goals

Have traditional behavioral health services been attempted (e.g. individual/family/group therapy, medication management, etc.)?  Yes  No

If so, in what way are these services alone inadequate in treating the presenting problem?

Additional information?



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## MEMBER INFORMATION

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(MMDDYYYY) (MMDDYYYY)

## Behavioral health outpatient services

Individual Therapy (Billed as CPT codes)

Date service started  Frequency (how often seen)  Requested start date for this auth  Anticipated completion date of service   
(MMDDYYYY) (MMDDYYYY) (MMDDYYYY) (MMDDYYYY)

## Behavioral health outpatient services

Family Therapy (Billed as CPT codes)

Date service started  Frequency (how often seen)  Requested start date for this auth  Anticipated completion date of service   
(MMDDYYYY) (MMDDYYYY) (MMDDYYYY) (MMDDYYYY)

## Behavioral health outpatient services

Group Therapy (Billed as CPT codes)

Date service started  Frequency (how often seen)  Requested start date for this auth  Anticipated completion date of service   
(MMDDYYYY) (MMDDYYYY) (MMDDYYYY) (MMDDYYYY)

Have traditional behavioral health services been attempted (e.g. individual/family/group therapy, medication management, etc.)?

Yes No

If so, in what way are these services alone inadequate in treating the presenting problem?

Additional information?

## Doctor signature and date

(MMDDYYYY)