

# Provider Training & Education

As the Behavioral Health partner of the Sunshine State Health Plan, Cenpatico is able to offer providers a variety of training topics specific to behavioral management situations in long term care facilities.

---

## Trauma Informed Care

*Objectives of this training are to provide the audience an increased understanding of the prevalence of an individual's traumatic experiences including biological, neurological and psycho social impacts.*

## Signs & Symptoms of Mental Illness

*An overview of how mental illness is defined and basic symptomology of mental disorders prevalent in populations utilizing long term care services.*

## Behavior Management Strategies

*The 6 steps of behavior Management Analysis are discussed as well as prevention and intervention techniques for effectively managing certain types of behaviors.*

## Baker Act

*An overview of the Baker Act (Florida Mental Health Act) and the impacts on the mental health delivery system including the process for voluntary and involuntary psychiatric hospitalization process for Long term care facilities.*

## Suicide Risk & Assessment

*The objective of this training is to enhance your understanding of suicide myths versus facts, and explore all levels of suicidality.*

## Elder Abuse, Neglect, Exploitation

*Identification of populations considered most at risk, common indicators abuse, and an overview of reporting process in Florida.*

## Stress Management for Caregivers

*Support for caregivers is a significant aspect of successful long term care. This training will assist caregivers by learning communication techniques, improved stress management, and an overall enhancement of self-care abilities.*

---

To have one of these trainings, or any other training topics, presented to your organization please send a request to [FLclinicaltraining@Cenpatico.com](mailto:FLclinicaltraining@Cenpatico.com). Trainings are able to be adapted to meet your specific needs based on timeframe, class size and location. Additionally, Cenpatico will regularly schedule trainings on these and other topics throughout the year and will notify all providers in advance of any event that is scheduled.

If applicable, Continuing Education Units for participants may be available.

**WWW.SUNSHINESTATEHEALTH.COM**