

Key HEDIS Factors to Consider

Rates are calculated based on specific date criteria for when the service is performed/administered, as defined by NCQA.

- A. Adult measures require the service to be completed *anytime before 12/31 of the Measurement Year*.

For example: HbA1c test and, Appropriate Meds for People with Asthma

HEDIS data is collected through claims (administrative data) or *claims & medical record* data (Hybrid data).

- For claim (admin) data, procedure codes must reflect the actual service performed, general E&M codes *cannot* be counted for most measures (except Adult Access to Care).

Adult Access to Preventive/Ambulatory Health Services:

-Age Group: 20 and older

ICD-10: Z00.00, Z00.01, Z00.110, Z00.111, Z00.121, Z00.129, Z00.5-Z02.9, Z00.8

-Look back period: measurement year

-Requirements: an ambulatory or preventive care visit during the measurement year.

Adolescent Well Care Visits

-Age Group: 12 – 21 yrs.

CPT: 99384-99385, 99394-99395.

-Look back period: measurement year

ICD-10: Z00.121, Z00.129, Z00.5, Z00.8, Z02.0

-Requirements: at least one comprehensive well care visit with documentation of: health history, physical development history, mental development history, physical exam and health education/anticipatory guidance.

BMI Assessment:

-Age Group: 18 – 74years

ICD-10: BMI Value set Z68.1-Z68.45. BMI Percentile: Z68.51-Z85.54

-Look back period: measurement year and prior year

-Requirements: documentation must include height, weight, and a BMI assessment at least every two years during any outpatient visit. Adults 21 and older **must** have a BMI value documented; adults younger than 21 must have a BMI percentile, or plotted on age-growth chart. *A distinct value/percentile is required, NOT a range or threshold!*

Colorectal Cancer Screening:

-Age Group: 50-75 years

CPT: FOBT: 82270, 82274. Sigmoidoscopy: 45330-45335, 45337-45342, 45345.

-Look back period: measurement year and up to 10 years prior

Colonoscopy: 44388-44394, 44397, 45355, 45378-45387, 45391, 45392

-Requirements: at least one appropriate screening in the past year; appropriate screening is FOBT in measurement year, sigmoidoscopy in last 5 yrs. or colonoscopy in last 10yrs. Exemptions: history of colon cancer or a total colectomy.

Comprehensive Diabetes Care:

-Age Group: 18 – 75 yrs. (with type 1 & 2 diabetes)

HbA1c test:CPT: 83036, 83037.

-Look back period: measurement year (and prior year for Eye Exam)

Nephropathy Screening: CPT: 82042-82044, 84156, 81000 – 81003, 81005

-Requirements:

- HbA1c test (adequate control level is <8)
- Nephropathy screening or evidence of nephropathy
- Eye exam results from measurement year; or a negative retinal exam from prior year (no evidence of retinopathy).

Controlling High Blood Pressure:

-Age Group: 18 -85 yrs., diagnosed with Hypertension

-Look back period: measurement year and prior years

-Requirements: BP adequately controlled during measurement year. Adequate control is <140/90 mg/dl

Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

Refer to HEDIS Quick Reference Guide for recommended billing codes

-Population: adolescents & adults with NEW episode of AOD

-Requirements: Initiation: an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization within 14days of diagnosis; Engagement: initiation of ADO treatment and 2 or more additional services within 30 days.

Medication Management for People with Asthma:

-Age Group: 5 – 64 years, identified as having persistent asthma

-Look back period: measurement year and prior year

-Requirements: dispensed appropriate medications and remained on during treatment period within the past year.

Pharmacotherapy Management of COPD Exacerbation:

-Age Group: 40 and older, and were dispensed appropriate medications

-Look back period: measurement year

-Requirements: compliance with recommended pharmacotherapy management; dispensed Rx for Systemic Corticosteroid w/i 14 days after episode; dispensed Rx for Bronchodilator w/i 30days after episode date.

Use of Appropriate Meds for People with Asthma:

-Age Group: 5-64 years (as of 12/31) with persistent asthma

-Look back period: measurement year and prior year

-Requirements: appropriately prescribed medication during measurement year

Use of Imaging Studies for Low Back Pain:

-Age group: 18 -50 years, with a primary diagnosis of low back pain

-Look back period: measurement year

-Requirements: an imaging study, i.e. plain x-ray, MRI or CT scan, within 28 days after the diagnosis.

Use of Spirometry Testing in the Assessment and Diagnosis of COPD:

-Age Group: 40 and older, newly diagnosed with COPD or newly active COPD

CPT: 94010, 94014-94016, 94060, 94070, 94375, 94620

-Look back period: measurement year and prior year

-Requirements: appropriate spirometry testing to confirm diagnoses; should be completed w/i 6months of new diagnosis or exacerbation.