HEDIS® MEASURE QUICK GUIDE

CONTROLLING HIGH BLOOD PRESSURE (CBP)

MEASURE DESCRIPTION

- **Ages:** 18–85 years
- **Goal:** 139/89 or less will close the care gap
  - If reading is 140/90 or higher, retake.
  - The last blood pressure reading of the year is used to determine BP control.
- **Eligibility Requirements:** Patients are included in the measure if they have had two or more visits with a diagnosis of hypertension during the measurement year.

Assess throughout the year to help the patient gain control through the following:
- Review diet and exercise efforts.
- Encourage your patient to use our BP Care Log for home readings.
  They can find it at SunshineHealth.com/Hypertension.
- Assess medications and identify barriers for medication adherence.
- Determine if your patient would benefit from having a digital blood pressure monitor at home.
  - If so, refer them to SunshineHealth.com/OTC where they can use their $50 monthly Over-the-Counter (OTC) Benefit to order one.
  - They can also call Sunshine Health Member Services at 1-866-796-0530 for help with ordering.
- Email SunshineCareCoordination@SunshineHealth.com for Case Management referrals for members with persistently uncontrolled hypertension. Include the member's Medicaid ID, date of birth, and the reason for the referral.

TIPS FOR READINGS

- **WHEN TAKING BLOOD PRESSURE:**
    - Assure cuff is the correct size and fits properly on bare arm.
    - Have patient sit with feet flat on floor and legs uncrossed.
    - Support elbow at heart level during BP reading.
    - Ask for patient's home BP reading taken on day of visit and record in medical record.

- **IF PATIENT'S BLOOD PRESSURE IS ELEVATED:**
    Display the red heart door hanger to alert the treating provider. Reach out to your Provider Engagement Representative or Quality Advisor to receive one.
    - Retake BP later in the visit.
    - Record each BP reading taken during the visit or reported by the patient for the same date's home reading.
    - Submit CPT coding for the lowest systolic and lowest diastolic blood pressure, including the home reading reported by the patient.
    - Do not round-up blood pressure reading.

CODING

Description	CODES
Hypertension	**ICD-10:** 10
Systolic greater than/equal to 140	**CPT-CAT-II:** 3077F
Systolic less than 140	**CPT-CAT-II:** 3074F, 3075F
Diastolic greater than/equal to 90	**CPT-CAT-II:** 3080F
Diastolic 80-89	**CPT-CAT-II:** 3079F
Diastolic less than 80	**CPT-CAT-II:** 3078F
Outpatient codes	**CPT:** 99201-99205, 99211-99215, 99241-99245, 99347-99350, 99381-99387, 99391-99397, 99401, 99402, 99403, 99404, 99411, 99412, 99429, 99455, 99456, 99483, 99341-99345 **HCPCS:** G0402, G0438, G0439, G0463, T1015
Telephone Visits	**CPT:** 98966, 98967, 98968, 99441, 99442, 99443
CPT Modifiers for Telehealth	95, GT, 02 POS
Remote blood pressure monitoring	93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474
Online Assessments	**CPT:** 98969-98972, 99421-99423, 99444, 99458 **HCPCS:** G2010, G2012, G2061-G2063