

Division: Pharmacy Policy	Subject: Prior Authorization Criteria
Original Development Date:	February 29, 2012
Original Effective Date:	
Revision Date:	May 17, 2012

## **RECTIV®** (nitroglycerin ointment 0.4%)

## **LENGTH OF AUTHORIZATION**: ONE TUBE (30g); DATE OF SERVICE

## **REVIEW CRITERIA**:

- Patient must be  $\geq 18$  years old.
- Patient must have a documented history of an anal fissure
- Patient must have a documented history (within past 60 days) of trial of at least two of the more conservative treatments for the underlying cause of the anal fissure:
  - o Some conservative treatments may include:
    - High-fiber diet or fiber supplements
    - Adequate fluid intake
    - Sitz baths
    - Topical analgesia/ medicated creams (e.g. Anusol HC, zinc oxide)
    - Stool softeners (e.g. Metamucil)

## DOSING:

- Apply 1 inch of ointment (375 mg of ointment equivalent to 1.5 mg of nitroglycerin) intra-anally every 12 hours for up to 3 weeks.
- ➤ Dosage form: 0.4% w/w (4 mg nitroglycerin/1 g ointment) in 30 g tubes

